



# STOP THE FLU BEFORE IT STOPS YOU!



Flu season is upon us and it's important to keep your family healthy and happy. Get your flu immunization now to help **protect against the flu** this season. It's **COVERED** for all members and you have a choice of providers.

**FOR QUESTIONS OR MORE INFORMATION, PLEASE CALL:**  
**1-866-644-7527**

Getting the vaccine is easy! You can get it from a participating pharmacy or from your in-network healthcare provider.

Between the dates of **8/1/2022 and 4/30/2023**, simply go to a participating pharmacy and show your ID card. Please call the pharmacy ahead of time to confirm availability. If there is an issue, please have the pharmacist call the CVS Caremark Pharmacy Help Desk for assistance.

Here is a list of a few national participating pharmacies. There are also many regional pharmacies so please call **1-866-644-7527** to confirm coverage.

- Costco
- CVS
- Kmart
- Walgreens
- Walmart

If you choose to see your healthcare provider<sup>1</sup>, make sure they participate in your health plan's network to assure 100% coverage<sup>2</sup>. If you have questions regarding the network status of your healthcare provider you can call, **1-800-374-1835**. As a reminder, should you have a current health condition please check with your doctor regarding the best timing to receive a flu shot.

*"Vaccination is the single most important step everyone 6 months of age and older can take to protect themselves and their families against influenza."<sup>3</sup>*

Flu shots provided by a pharmacist may have age limitations which are determined by state law.

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<sup>1</sup>Minute Clinics within a CVS pharmacy are considered a healthcare provider

<sup>2</sup>Non Grandfathered Plans only

<sup>3</sup>Centers for Disease Control and Prevention (CDC)