

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-374-1835 or visit us at <a href="http://www.nipponlifebenefits.com/member-service/wi-state-specific-requirements/">http://www.nipponlifebenefits.com/member-service/wi-state-specific-requirements/</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="www.cciio.cms.gov">www.cciio.cms.gov</a> or call 1-800-374-1835 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred Provider \$500 member/\$1,000 family; Non- Preferred Provider \$1,000 member/\$2,000 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preferred Provider services for preventive care, physician office visits, urgent care, LabCard, emergency room visits and Preferred Provider or Non-Preferred Provider services for non-specialty prescription drugs and child immunizations are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred Provider \$7,350 member/\$14,700 family; Non- Preferred Provider \$14,700 member/\$29,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, penalties for failure to obtain pre-authorization for services and the difference between the Generic Drug price	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

	and the Preferred or Non- Preferred Brand Name Drug price when a generic equivalent drug is available.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://www.nipponlifebenefits.c">http://www.nipponlifebenefits.c</a> <a href="mailto:om/member-service/">om/member-service/</a> or call 1- 800-374-1835 for a list of <a href="mailto:preferred providers">preferred providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Importan	
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /office visit; <u>deductible does not</u> <u>apply</u>	30% coinsurance	Preferred provider office and clinic surgery subject to deductible and coinsurance.	
If you visit a health care provider's office	yisit a health rovider's office ic  Specialist visit  Preventive care/screening/	\$50 <u>copay</u> /office visit; <u>deductible does not</u> <u>apply</u>	30% coinsurance	Preferred provider office and clinic surgery subject to deductible and coinsurance.	
or clinic		No charge; deductible does not apply	child immunizations – no charge up to the <u>allowed</u> <u>amount</u> ; excess not covered; other care – 30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	Non-office visits:10% <a href="mailto:coinsurance">coinsurance</a> No charge for LabCard services	30% <u>coinsurance;</u> <u>Emergency services</u> – 10% <u>coinsurance</u>	None	
	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% <u>coinsurance;</u> <u>Emergency services</u> – 10% <u>coinsurance</u>	None	

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Preferred Provider	Non-Preferred Provider	Information
		(You will pay the least)	(You will pay the most)	
If you need drugs to treat your illness or	Generic drugs (Tier 1)	\$15 <u>copay</u> /prescription (retail)	\$15 <u>copay</u> /prescription + fee (retail)	
condition  More information about	Preferred brand drugs (Tier 2)	\$30 copay/prescription (retail)	\$30 <u>copay</u> /prescription + fee (retail)	Copay does not apply to generic and single
prescription drug coverage is available at	Non-preferred brand drugs (Tier 3)	\$50 <u>copay/</u> prescription (retail)	\$50 <u>copay/</u> prescription + fee (retail)	source contraceptives for women. Mail order copay is twice retail. Covers up to a 30-day
http://www.nipponlifebe nefits.com/member-		,		supply (retail prescription); up to a 90-day supply (mail order prescription).
service/	Specialty drugs	10% coinsurance	30% coinsurance	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	None
surgery	Physician/surgeon fees	10% <u>coinsurance</u>	30% coinsurance	None
If you need immediate medical attention	Emergency room care	\$150 copay/visit; deductible does not apply	\$150 copay/visit up to the allowed amount, excess not covered	
	Emergency medical transportation	10% coinsurance	10% coinsurance	Imaging services and Non-preferred provider non-emergency services subject to applicable deductible and coinsurance.
	<u>Urgent care</u>	\$50 <u>copay/visit;</u> deductible does not apply	30% coinsurance	<u>deductible</u> and <u>comsulance</u> .
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	<u>Preauthorization</u> is required. Non-compliance penalty of 30% up to \$10,000.
stay	Physician/surgeon fees	10% coinsurance	30% coinsurance	None
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /office visit and 10% <u>coinsurance</u> for other outpatient services	30% coinsurance	Preauthorization is required. Non-compliance penalty of 30% up to \$10,000.
abuse services	Inpatient services	10% coinsurance	30% coinsurance	
	Office visits	\$25 copay/office visit	30% coinsurance	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	services. Depending on the type of services, coinsurance may apply. Maternity care may
	Childbirth/delivery facility	10% coinsurance	30% coinsurance	include tests and services described elsewhere in the SBC (i.e. ultrasound.)

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information
	services			
	Home health care	10% coinsurance	30% coinsurance	100 visits/year
If you need help recovering or have other special health needs	Rehabilitation services	\$25/\$50 copay/ primary care/specialist office visit; 10% coinsurance for other outpatient services	30% coinsurance	30 visits/year. Includes physical, occupational and speech therapy.
	Habilitation services	\$25/\$50 copay/ primary care/specialist office visit; 10% coinsurance for other outpatient services	30% coinsurance	
	Skilled nursing care	10% coinsurance	30% coinsurance	120 days for same or related illness.  Preauthorization is required. Non-compliance penalty of 30% up to \$10,000.
	Durable medical equipment	10% coinsurance	30% <u>coinsurance</u> strollers	Excludes motorized carts, scooters and strollers (except for wheelchairs), non-hospital type beds and lift chairs.
	Hospice services	10% <u>coinsurance</u>	30% <u>coinsurance</u>	None
If your child needs	Children's eye exam	Not covered	Not covered	None
dental or eye care	Children's glasses	Not covered	Not covered	None
delitar or eye care	Children's dental check-up	Not covered	Not covered	None

## **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery
- Dental Care
- Hearing Aids

- Infertility Treatment
- Long Term Care
- Private Duty Nursing

- Routine eye care
- Routine Foot Care
- Weight Loss Programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture up to \$500/year

• Chiropractic Care

Non-emergency care when traveling outside the U.S. for up to 6 months except for medical travel

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, [Name of Group: Address: Telephone Number: ]
- For group health coverage subject to ERISA, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- [• For non-federal governmental group health plans, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.]
- [• Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.]

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the plan: English and Non-English 1-800-374-1835; Japanese 1-800-971-0638; Korean 1-800-827-8713 or Wisconsin Department of Insurance at 1-800-236-8517 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://oci.wi.gov/consinfo.htm">www.dol.gov/ebsa/healthreform</a>. Additionally, a consumer assistance program can help you file your appeal. Contact 1-800-236-8517 or e-mail <a href="https://oci.wi.gov/consinfo.htm">https://oci.wi.gov/consinfo.htm</a>.

### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-374-1835.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-374-1835.

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 [1-800-374-1835.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-374-1835.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.——————

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$ 12,800

## In this example, Peg would pay:

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Cost Sharing		
Deductibles	\$500	
Copayments	\$100	
Coinsurance	\$1,000	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,660	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

### In this example, Joe would pay:

Cost Sharing		
Deductibles*	\$500	
Copayments	\$1,100	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,720	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1.900

## In this example, Mia would pay:

Cost Sharing	
Deductibles*	\$500
Copayments	\$400
Coinsurance	\$40
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$940

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: [insert]. \*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.