The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-374-1835 or visit us at <a href="http://www.nipponlifebenefits.com/member-service/sc-state-specific-requirements/">http://www.nipponlifebenefits.com/member-service/sc-state-specific-requirements/</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="http://www.cciio.cms.gov">www.cciio.cms.gov</a> or call 1-800-374-1835 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred Provider \$500 member/\$1,000 family; <u>Non-</u> Preferred Provider \$1,000 member/\$2,000 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preferred Provider</u> services for <u>preventive care</u> , physician office visits, urgent care, LabCard, emergency room visits and <u>Preferred Provider</u> or <u>Non-</u> <u>Preferred Provider</u> services for non-specialty prescription drugs and child immunizations are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	Preferred Provider \$7,350 member/\$14,700 family; <u>Non-</u> <u>Preferred Provider</u> \$14,700 member/\$29,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, penalties for failure to obtain <u>pre-authorization</u> for services and the difference between the Generic Drug price	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .

	and the Preferred or Non- Preferred Brand Name Drug price when a generic equivalent drug is available.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See http://www.nipponlifebenefits.c om/member-service/ or call 1- 800-374-1835 for a list of preferred providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /office visit; deductible does not apply	30% coinsurance	Preferred provider office and clinic surgery subject to <u>deductible</u> and <u>coinsurance.</u>	
If you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	\$50 <u>copay</u> /office visit; deductible does not apply	30% <u>coinsurance</u>	Preferred provider office and clinic surgery subject to deductible and coinsurance.	
or clinic	Preventive care/screening/ immunization	No charge; <u>deductible</u> does not apply	child immunizations – no charge up to the <u>allowed</u> <u>amount</u> ; excess not covered; other care – not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Non-office visits:10% <u>coinsurance</u> No charge for LabCard services	30% <u>coinsurance;</u> <u>Emergency services</u> – 10% <u>coinsurance</u>	None	
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% <u>coinsurance;</u> <u>Emergency services</u> – 10% <u>coinsurance</u>		

Common	Services You May Need	What Y Preferred Provider	ou Will Pay Non-Preferred Provider	Limitations, Exceptions, & Other Important
Medical Event		(You will pay the least)	(You will pay the most)	Information
If you need drugs to treat your illness or	Generic drugs (Tier 1)	\$15 <u>copay</u> /prescription (retail)	\$15 <u>copay</u> /prescription + fee (retail)	
condition More information about	Preferred brand drugs (Tier 2)	\$30 <u>copay</u> /prescription (retail)	\$30 <u>copay</u> /prescription + fee (retail)	<u>Copay</u> does not apply to generic and single
prescription drug coverage is available at	Non-preferred brand drugs (Tier 3)	\$50 <u>copay/</u> prescription (retail)	\$50 <u>copay/</u> prescription + fee (retail)	source contraceptives for_women. Mail order <u>copay</u> is twice retail. Covers up to a 30-day
http://www.nipponlifebe nefits.com/member- service/	Specialty drugs	10% <u>coinsurance</u>	30% <u>coinsurance</u>	supply (retail prescription); up to a 90-day supply (mail order prescription).
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u>	30% coinsurance	None
surgery	Physician/surgeon fees	10% coinsurance	30% coinsurance	None
	Emergency room care	\$150 <u>copay</u> /visit; deductible does not apply	\$150 <u>copay</u> /visit up to the <u>allowed amount</u> , excess not covered	Imaging services and <u>Non-preferred provider</u>
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	non-emergency services subject to applicable deductible and coinsurance.
	<u>Urgent care</u>	\$50 <u>copay/visit;</u> deductible does not apply	30% coinsurance	
lf you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	Preauthorization is required. Non-compliance penalty of 30% up to \$10,000.
Stay	Physician/surgeon fees	10% coinsurance	30% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /office visit and 10% <u>coinsurance</u> for other outpatient services	30% coinsurance	Preauthorization is required for inpatient services. Non-compliance penalty of 30% up to \$10,000.
abuse services	Inpatient services	10% coinsurance	30% coinsurance	
	Office visits	\$25 copay/office visit	30% coinsurance	Cost sharing does not apply for preventive
lf you are pregnant	Childbirth/delivery professional services	10% <u>coinsurance</u>	30% coinsurance	services. Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may
	Childbirth/delivery facility	10% <u>coinsurance</u>	30% coinsurance	include tests and services described elsewhere in the SBC (i.e. ultrasound.)

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information
	services			
	Home health care	10% coinsurance	30% coinsurance	100 visits/year
	Rehabilitation services	\$25/\$50 <u>copay</u> / primary care/specialist office visit; 10% <u>coinsurance</u> for other outpatient services	30% coinsurance	30 visits/year. Includes physical, occupational
If you need help recovering or have other special health needs	Habilitation services	\$25/\$50 <u>copay</u> / primary care/specialist office visit; 10% <u>coinsurance</u> for other outpatient services	30% coinsurance	and speech therapy.
	Skilled nursing care	10% <u>coinsurance</u>	30% coinsurance	120 days for same or related illness. <u>Preauthorization</u> is required. Non-compliance penalty of 30% up to \$10,000.
	Durable medical equipment	10% coinsurance	30% coinsurance	Excludes motorized carts, scooters and strollers (except for wheelchairs), non-hospital type beds and lift chairs.
	Hospice services	10% coinsurance	30% coinsurance	None
If your child needs	Children's eye exam	Not covered	Not covered	None
dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Co	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
<ul><li>Bariatric Surgery</li><li>Cosmetic Surgery</li><li>Dental Care</li></ul>	<ul> <li>Hearing Aids</li> <li>Infertility Treatment</li> <li>Long Term Care</li> <li>Private Duty Nursing</li> </ul>	<ul><li>Routine eye care</li><li>Routine Foot Care</li><li>Weight Loss Programs</li></ul>			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
Acupuncture up to \$500/year	Chiropractic Care	<ul> <li>Non-emergency care when traveling outside the U.S. for up to 6 months except for medical travel</li> </ul>			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

• For group health coverage subject to ERISA, [Name of Group: Address: Telephone Number: ]

• For group health coverage subject to ERISA, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>.

[• For non-federal governmental group health plans, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.]

• Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.]

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the plan: English and Non-English 1-800-374-1835; Japanese 1-800-971-0638; Korean 1-800-827-8713 or South Carolina Department of Insurance at 1-803-737-6160 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact 1-800-768-3467 or e-mail <u>http://doi.sc.gov/consumers</u>.

## Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-374-1835. [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-374-1835. [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 [1-800-374-1835. [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-374-1835.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.-



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$500 \$50 10% 10%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$500 \$50 10% 10%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$500 \$50 10% 10%
This EXAMPLE event includes service Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services		This EXAMPLE event includes service Primary care physician office visits (including disease education)		This EXAMPLE event includes served Emergency room care (including means supplies)	
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> )		Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me	eter)	Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical ther	
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i>		Diagnostic tests <i>(blood work)</i> Prescription drugs	eter) \$7,400	Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i>	
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) <b>Total Example Cost</b>	work)	Diagnostic tests <i>(blood work)</i> Prescription drugs Durable medical equipment <i>(glucose me</i> <b>Total Example Cost</b>		Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b>	ару)
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> )	work)	Diagnostic tests <i>(blood work)</i> Prescription drugs Durable medical equipment <i>(glucose me</i>		Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i>	ару)
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) <b>Total Example Cost</b> In this example, Peg would pay:	work)	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay:		Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b> In this example, Mia would pay:	ару)
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) Total Example Cost In this example, Peg would pay: Cost Sharing	work)	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing	\$7,400	Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b> In this example, Mia would pay: Cost Sharing	apy) \$1,900
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles	work) \$ 12,800 \$500	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles*	<b>\$7,400</b> \$500	Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b> In this example, Mia would pay: Cost Sharing Deductibles*	apy) \$1,900 \$500
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments	work) \$ 12,800	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles* Copayments	\$7,400 \$500 \$1,100	Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b> In this example, Mia would pay: Cost Sharing Deductibles* Copayments	apy) \$1,900 \$500 \$400
Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> ) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	work) \$ 12,800	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles* Copayments Coinsurance	\$7,400 \$500 \$1,100	Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> Rehabilitation services ( <i>physical ther</i> <b>Total Example Cost</b> In this example, Mia would pay: Cost Sharing Deductibles* Copayments Coinsurance	apy) \$1,900 \$500 \$400

reduce your costs. For more information about the wellness program, please contact: [insert]. \*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The **plan** would be responsible for the other costs of these EXAMPLE covered services.